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## Introduction to systematic reviews

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### Facilitators

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### Objectives

- Outline the principles of evidence-based health care (EBHC)
- Outline the five steps to support EBHC
- Define 'systematic review'
- Outline the rationale and steps for undertaking systematic reviews
- Describe the difference between narrative and systematic reviews

### Brief description of content

This session will consist of an interactive illustrated lecture on systematic reviews and why they are important, especially in the context of EBHC, including practical activities on distinguishing narrative from systematic reviews.

### Readings / Resources

1. Akobeng AK. Principles of evidence-based medicine. Arch Dis Child 2005; 90:837–840.
2. Akobeng AK. Understanding systematic reviews and meta-analysis. Arch Dis Child 2005; 90:845–848.